

Explore CERA "to further our understanding and appreciation of this natural landscape"

~
Freeman Hrabowski

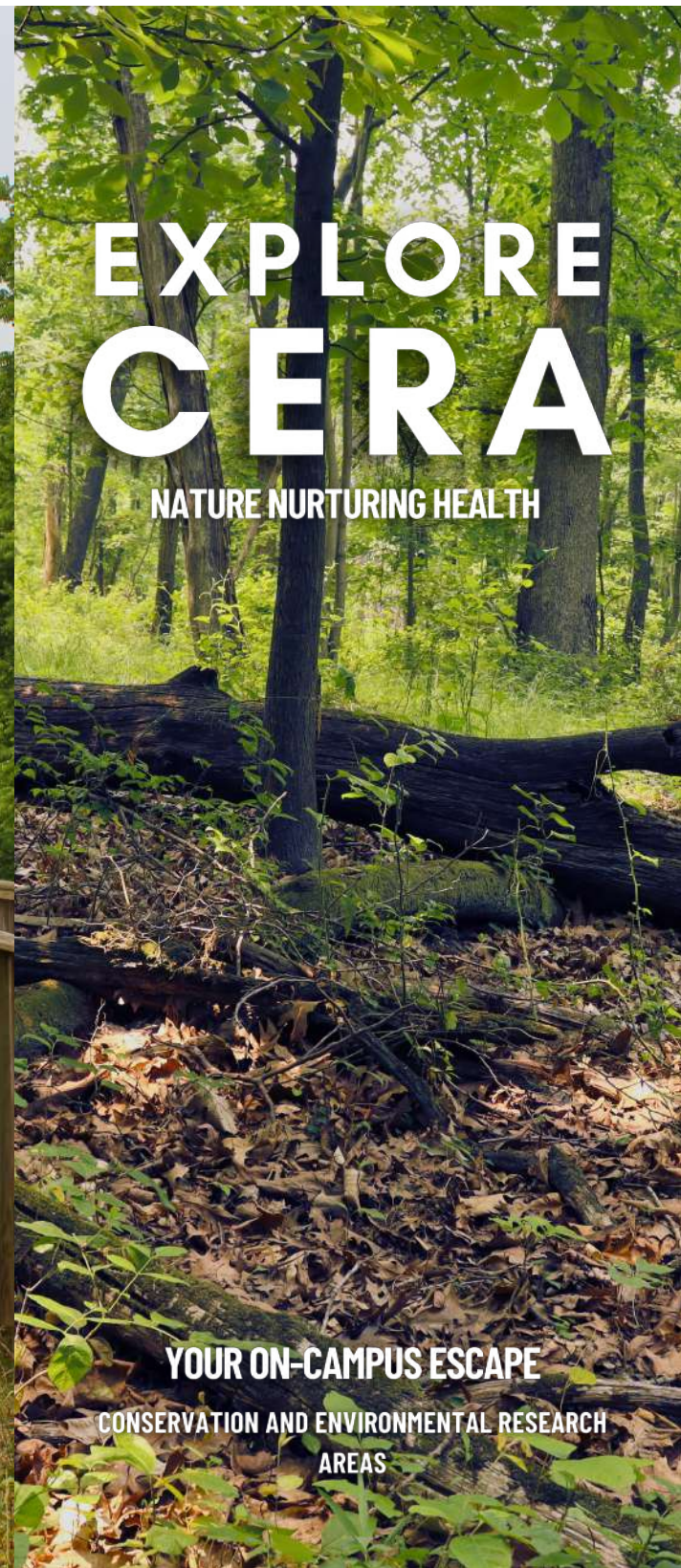
Take only photographs;
Leave only footprints

~
Since 1997



THIS BROCHURE WAS CREATED BY

DEMETRIUS MCGUFFIN
SAFIATOU COULIBALY
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EXPLORE CERA

NATURE NURTURING HEALTH

YOUR ON-CAMPUS ESCAPE

CONSERVATION AND ENVIRONMENTAL RESEARCH
AREAS

ABOUT CERA



Take a relaxing stroll along the Herbert Run Greenway, and visit CERA (Pig Pen) pond. Immerse yourself with nature and experience the phenomenon known as mental tranquility. After a few short minutes amongst nature's presence, you're likely to feel a reduced amount of stress and anxiety.

Step into nature on campus where the combination of research and relaxation unfold amidst the tranquility of CERA.

Want to take it a step further?

CERA is a great meditation zone. Enjoy the tranquility of nature's art.

Already checked out the pond? No worries!

Head past the research park and take an immersive trip on a 0.6-mile self-guided trail and see what CERA has to offer.

Perfect for intermediate-level hikers, the CERA trail features robust vegetation, hidden gems, and unique landscapes. It is a must see!

Be Poison Ivy & Tick Smart: Stick to the path!

Want to learn more before heading to CERA. Go to ges.umbc.edu for more information or check out the interactive CERA trail guide.

UNIQUE LANDSCAPES



UMBC was established upon the land of the Piscataway and Susquehannock peoples. Over time, citizens of many more Indigenous nations have come to reside in this region. We humbly offer our respect to all past, present, and future Indigenous people connected to this place.



NATURE NURTURING HEALTH

- Increased Energy
- Stress Relief
- Physical Fitness
- Positive Mood



LAND ACKNOWLEDGMENT